

TEN KINDNESS IDEAS

- 1 Smile, Just Because
- 2 Take Care of Yourself
- 3 Be a Traffic Angel
- 4 Lend an Ear and a Hand
- 5 Include Everyone
- 6 Nurture Nature
- 7 Share what You Have
- 8 Forgive Mistakes
- 9 Tell Someone,
"You Make a Difference"
- 10 Practice Everyday
Kindness

KINDNESS
creates community



Children's Grove

A single act of kindness
can change a life forever

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**The mission of
Children's Grove is
to inspire a culture
of kindness and to
support the mental and
emotional well-being
of our youth.**

