

KINDNESS SCAVENGER HUNT

Home Edition



Directions: Try and complete as many acts of kindness as you can over the next seven (7) days.

- Read to a younger sister or brother (or babies)
- Do someone else's chores
- Help make dinner
- Write a letter or draw a picture for someone in your family
- Give someone in your family a hug
- Let someone else choose (ex. what TV show to watch, what to eat for dinner, etc).
- Give a pet or family member a treat
- Play a game with a family member (board or video game OK)
- Donate toys you don't play with to charity
- Donate food to local food bank or food pantry

